

HALAU O'
MAKANI KAI
POLYNESIAN DANCE TROUPE

*Get in Shape
with a Hula Workout!*

Introducing
Islanderobics
A New Exercise Program

**\$10
Introductory
Class****

\$55*/Month

Every Thursday: 6:30pm-7:45pm

**6628 Mission Gorge Road Suite Q
San Diego, CA 92120**

We are in the Kaiser Hospital Area
(cross streets are Mission Gorge Rd. and Zion Ave.)

Christine at (858)467-0893 or email: laka.hula@yahoo.com

MakaniKaiHula.com

*This is a monthly rate. It is a flat fee regardless if you attend one class or all the classes during the calendar month.

**Introductory Class is the 1st day you try our class. If you decide to sign-up, the \$10 will go towards the \$55 Monthly due.

Classes and schedules may change due to Instructor availability. 1st-time students please confirm by phone or email of your attendance. Existing students will be notified as early as possible of any changes prior to classes.